

Ramadhaan checklist prepared by Khanqah Sheikh Zakariyyah – Lenasia – www.kmsz.org.za

<i>Daily activities</i>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Tahajjud Salaah (2 to 8 Rakaats)																														
Sehri (Sunnah)																														
Fajr Salaah																														
Surah Yaseen																														
100 Time Kalima Tayyiba																														
100 Times Istighfaar																														
100 Durood Shareef/Salawaat																														
Ishraq																														
Minimum 15 Minute Quraan Reading																														
Chasht Salaah																														
100 Time Kalima Tayyiba																														
100 Times Istighfaar																														
100 Durood Shareef/Salawaat																														
Zohar Salaah																														
Minimum 15 Minute Quraan Reading																														
Sunnah Afternoon Rest (Minimum 10 Minutes)																														
Asr Salaah																														
100 Time Kalima Tayyiba																														
100 Times Istighfaar																														
100 Durood Shareef/Salawaat																														
Dua For Entrance Into Jannah																														
Dua To Be Saved From Jahannam																														
Minimum 2 Minutes Dua For Yourself																														
Minimum 2 Minutes Dua For Family And Friends																														
Minimum 2 Minutes Dua For The Ummah																														
Maghrib Salaah																														
Awwabeen Salaah (6 to 20 Rakaats)																														
Surah Sajdah																														
Surah Mulk																														
Esha Salaah, 20 Rakaats Taraweeh and Witr																														
5 Minute Kitaab Reading From Virtues of Ramadhaan																														
100 Time Kalima Tayyiba																														
100 Times Istighfaar																														
100 Durood Shareef/Salawaat																														
Minimum 30 Minute Quraan Reading																														
Stayed Away From Sins																														